

Tummy to Tummy

Best for newborn - 5 months: There are a few variations and ways to do this carry. One version is pictured below. In other versions you can have the baby's legs out and spread around your waist or bent like a little frog.

See below pictures for help:



- **1. Hold baby's feet together with one hand and open the pouch with the other**



- **2. Lower baby into pouch (either with feet tucked in or feet out)**



- **3. Adjust sling to support his back and enjoy!**